

Tipperary Advocacy Supporting ADHD,  
Autism, Dyspraxia and Dyslexia

**ALL EVENTS FREE  
OF CHARGE**

Fully funded by North Tipperary  
Leader Partnership through the  
Social Inclusion & Community  
Activation Program (SICAP)

# Advocacy in Action Event 2018

*"Making Tipperary a great place for  
children and young people to grow up in"*

*Gareth Noble 2016*



**October Wed 3<sup>rd</sup> - Fri 5<sup>th</sup>**

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# Events Calendar

Limited availability  
for Adult and Children's  
Workshops  
Eligibility criteria and  
booking applies

## Wednesday 3<sup>rd</sup> | Racket Hall, Roscrea

Adults

TIME	EVENT	FACILITATOR	VENUE
3pm	The Benefits of a Dyslexia Diagnosis	Jason Greenford	Restaurant Room
4pm	Combining Sensory, Motor & Relationship Perspectives	Mary Mullally	Restaurant Room
5pm	Strategies for Coping with Transistion	Dee Hogan	Restaurant Room

Children

TIME	EVENT	FACILITATOR	VENUE
3pm	Fitness for Fun 4 - 10 years old	Philomena Ryan	Mulrooney Room
4pm	Fitness for Fun 10 years plus	Philomena Ryan	Mulrooney Room
5pm	Slime Workshop	Madeline Kelly	Mulrooney Room

### KEYNOTE SPEAKERS

7- pm **Enda Murphy**, Cognitive Behavioural Therapist – Changing Our Response

8-9pm **Aine O’Dea**, Occupational Therapist –  
Knowing How The Brain Works For Children With Neurodiversity.

## Thursday 4<sup>th</sup> | Anner Hotel, Thurles

Adults

TIME	EVENT	FACILITATOR	VENUE
3pm	Behavioral Optometric Therapy	Patricia Maher	Fitzgibbon Room
4pm	Visual Aids & Communications	Ellen Alonso	Fitzgibbon Room
5pm	Promoting Positive Behaviour	Dee Hogan	Fitzgibbon Room

Children

TIME	EVENT	FACILITATOR	VENUE
3pm	Fairy Workshop	Jude Dillon	Green Room
4pm	Slime Workshop	Jude Dillon	Green Room
5pm	Plan a Youth Town 12 years plus	Youth Work Ireland Tipperary	Green Room

### KEYNOTE SPEAKERS (THE BALLROOM)

7-8pm **Adam Harris** of Asiam.ie

8-9pm **Dr. Blánaid Gavin** - Consultant Child and Adolescent Psychiatrist –  
ADHD: An Overview.



Friday 5<sup>th</sup> | Abbey Court Hotel, Nenagh

Adults

Children

TIME	EVENT	FACILITATOR	VENUE
3pm	A Behavioural Approach To Childhood Mental Health "Effective Me"	Kevin Rea	Abbey Room
4pm	The Anxious Child Evidenced Based Strategies Helping Children	Kevin Rea	Abbey Room
5pm	Evolution of Brain Growth 0 - 18 years (Linked Event)	Kevin Hennessy Karen Power	Abbey Room

TIME	EVENT	FACILITATOR	VENUE
3pm	Lego Workshop	Marita Fallon	O'Brien Suite
4pm	Music Therapy Workshop	Marita Fallon	O'Brien Suite
4.45pm	Creative Mindfulness Group Will join parents O'Brien Suite and will be entertained by Art & Crafts	Karen Power	O'Brien Suite
4.30-6.30pm	Study Smart (combined workshop for Parents and Post Primary Students - Priority to students sitting state exams in 2019)	Enable Ireland	Thomas Suite

KEYNOTE SPEAKERS

7-8pm	<b>Gareth Noble</b> Lawyer and Children's Rights Activist – "The Right of the Child"
8-9pm	<b>Ellen Alonso</b> Speech and Language Therapist – "Social Communication"



Keynote Speakers

**ENDA MURPHY** is Assistant Director of the HSE GP Training scheme and a member of the faculty of the Centre for Global Health Delivery, Harvard University. He operates CBT clinics around the world, works extensively with people suffering from anxiety and depression. A regular contributor on Today with Sean O'Rourke on RTE Radio as well as contributing to the medical press in both Ireland and China where he operates CBT clinics. Enda works extensively with GPs and the Mental Health services. Enda has written Five Steps to Happiness: Learning to Explore and Understand Your Emotional Mind and co-wrote with Dr. Harry Barry Flaggging the Screenager: Guiding Your Child Through Adolescence and Young Adulthood

**ÁINE O'DEA** BSc (Hons) Occupational Therapy; MSc. Clinical Therapy (OT). She worked in a variety of NHS intervention, school age and primary care services with children and young adults with neurodevelopmental conditions and non-complex needs. In addition to this she spent 2 years setting up and implementing the

Paediatric OT service within Primary Care in Limerick. Áine has also worked in private practice. Áine was involved in a feasibility study investigating the use of dance as an occupation to support physical and social participation for children with neurodevelopmental condition(s). This project was shortlisted for the Ann Beckett Award in 2015 for innovation in practice. Áine was awarded a full-time scholarship from the HRB as part of the SPHeRE program in 2016.

**ADAM HARRIS** is a 23 year old social entrepreneur and Founder-CEO of AslAm.ie, an organisation working to build an Ireland where every person with Autism can "live and succeed as they are" AslAm is based on Adam's personal experiences of Asperger's Syndrome, a form of Autism, which he was diagnosed with at the age of 5. Adam through ASIAM aspires to challenge the public to learn more about the condition and to change their perception of disABILITIES such as Autism.

**DR. BLÁNAID GAVIN**, Consultant Child and Adolescent Psychiatrist, has worked for over 10 years with children who have experienced mental health difficulties. She has extensive training in a number of therapeutic interventions including: Cognitive Behavioural Therapy (CBT), Behavioural Therapy, Family Therapy, Interpersonal Therapy, Supportive Therapy, Parenting, Motivational Interviewing, Dynamic Psychotherapy and Brief Solution Focused Therapy. She is an Associate Professor of Child Psychiatry in University College Dublin (UCD) School of Medicine, where she is responsible for running CBT courses training clinicians and also works with the Dept. of Education training teachers to support children with emotional and behavioural challenges in the classroom.

**GARETH NOBLE** is recognised as one of Ireland's leading litigators in the area of children with disabilities. He has successfully represented many families in challenging the law in respect of Domiciliary Care Allowances, Carer's Allowance and services for children. Gareth, LLB graduated from Trinity

College in 2002. Gareth joined Kelleher O'Doherty as a legal executive in 1999 before commencing his apprenticeship in the firm. Gareth qualified as a solicitor in 2006 and became a partner in the firm in 2008. He is a member of the Irish Penal Reform Trust and has lectured in Criminal and Constitutional law, Child Law and Human Rights law.

**ELLEN ALONSO** taught in a bilingual primary school in Spain for many years before returning to teach Spanish in Ireland. She is a registered teacher with The Teaching Council and in 2007 Ellen completed an honours psychology degree. Following this in 2011 she obtained her Masters in Speech and Language Therapy. Ellen is accredited by CORU - Regulating Health and Social Care Professionals. Ellen works very closely with clients and families of those with ASD and other developmental and physical disabilities. She co-developed a 5 module program titled ASD and the Family. Currently Ellen works in Community Care with children from 0-18 and her focus is on oral communication.

# Speakers

for more in depth biographical profiles follow us on Facebook

**JASON GREENFORD** has a Masters degree in both Psychology and Education, and is a Registered Educational Psychologist.

**MARY MULLALLY** is a physiotherapist who has recognised post-graduate training in Sensory Integration, Neurodevelopment Treatment.

**DEE HOGAN** is widely recognised as a committed practitioner in the field of autism. She is a registered teacher and holds a Masters Degree in Special Education Autism.

**PATRICIA MAHER** qualified with a diploma in Optometry (DIT), Kevin Street, Dublin and received her fellowship from the Association of Optometrists Ireland in July 1999.

**KEVIN REA** holds an honours Degree in Social Science (Youth & Community Work), a Masters in Social Policy and a Masters in Applied Behaviour Analysis .

**PHILOMENA RYAN** trained as a NCEF fitness instructor and later qualified as a taekwondo instructor, boxercise instructor and a Zumba instructor.

**MADELEINE KELLY** is a Play Therapist having received an Honours degree in Psychology from the British Open University and completed a postgraduate Diploma in Play Therapy.

**JUDE DILLON** is a child and adolescent psychotherapist specialising in play therapy accredited with The Irish Association of Play Therapy and Psychotherapy (IAPT).

**YOUTH WORK IRELAND TIPPERARY** is a youth service which is forward thinking, creative and passionate about exploring opportunities and facing challenges with our young people.

**MARITA FALLON** holds an honours Degree in Early Childhood Studies and a Masters of Education in Autism and Learning from the University of Aberdeen.

**KAREN POWER** studied Mindfulness for Children and qualified as a Kids Yoga Teacher. She has put together Workshops and Talks drawing from her years of experience and knowledge.

**JULIANN BERGIN** is a Clinical Assistive Technology Specialist with Enable Ireland's Assistive Technology Service for over 10 years. Prior to that she worked as a Speech and Language Therapist.

**“If I had my child to raise all over again, I’d build self-esteem first, and the house later. I’d finger-paint more, and point the finger less. I would do less correcting and more connecting. I’d take my eyes off my watch, and watch with my eyes. I’d take more hikes and fly more kites. I’d stop playing serious, and seriously play. I would run through more fields and gaze at more stars. I’d do more hugging and less tugging.”**

*Diane Looma*

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Please note that due to budget restraints, no refreshments will be provided, all available funding is being used on providing keynote speakers and workshops which have been identified by members of our peer support groups

**TO BOOK PLEASE CONTACT:**

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